



Patricia Vener-Saavedra
Dementia Care Consultant

Resources

Patricia Vener-Saavedra, Dementia Care Consultant

Let my experience be to your benefit. Find more information about me and my services on the last page and on my website.

<http://DementiaCareConsultant.net> 203.288.2613

Area Agency on Aging of South Central CT

The AAoASCCT is one of the many mandated agencies on aging that all states have. There are five that cover the state of Connecticut. They are each private, non-profit agencies with individual Board of Directors and Advisory Council. They receive funding for

- *Social Services*
- *Nutritional Services*
- *Disease Prevention & Health Promotion Services*
- *Family Caregivers Support Services*
- *Adult Day Care Aide Positions (to provide day care services to victims of Alzheimers's Disease and related dementia).*

They have case managers for those cases they take on but also can provide a wealth of information including that which may be applicable as well to younger people with disabilities and their caregivers.

**<https://www.aosacc.org/> 203.785.8533 (general number)
203.752.3040 (care managers)**

Miller Senior Center and Elderly Outreach Department

Are you a Hamden CT resident? If so you can take advantage of this town's Elderly Services program. The Miller Senior Center has weekday activities for independent seniors as well as a low cost lunch. The Elderly Services Department can help with such things as filling out forms for various kinds of assistance (fuel, QMB, rent waivers, Tax preparation, etc). Elderly Services also administers the Senior Transportation Program. Visit their page at the Hamden Town website or call for more information. Note: hours are Monday through Friday 8:30am - 4:30pm. Closed holidays

**Hamden 203.287.2547 (services) 203.287.2691 (outreach)
<http://hamden.com/content/7089/7093/7091/7105/default.aspx>**

Alzheimer's Association (in CT)

**<http://www.alz.org/ct>
24/7 Helpline 1.800.272.3900**

Hamden Office 203.230.1777 - ask for Maria Tomessetti

VNA Community Healthcare - ask for Joanne Begley

"Home Healthcare Services & Community Care Resources" Examples include caregiver support groups, wellness classes, medical services at home, advice, and more. visit their website for more information. Note that their service area is limited to the region between Oxford and East Haddam south to Milford and Old Lyme.

<http://connecticuthomecare.org/>

Main Offices in Guilford and Hamden, satellite office in North Haven

Guilford 203.458.4200

Hamden 203.288.1623

Department of Social Services -

<http://www.ct.gov/DSS/site/default.asp>

also <https://connect.ct.gov/access/jsp/access/Home.jsp>

(both of these are for Connecticut. Each state has their own version or versions)

Karen Bellamy, KJB Insurance Agency (KJB Associates)

Multi-service insurance agent with 30 years of experience. She was very helpful in obtaining the best Medicare Advantage coverage for my mother year after year. Her services are many and varied and worth looking into.

Hamden 203.288.5290

Adult Day Centers

Clelian Adult Day Center <http://clelciancenter.org>

Hamden 203.288.4151

Mary Wade http://www.marywade.org/programs/adult_day.html

New Haven 203-562-7222

Partnerships Center for Adult Day Care, Inc Hamden 203.248.8854